

Curriculum Vitae
Michael Morley Lockard

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CERTIFICATION

I have prepared and read the following curriculum vitae and certify that this is a current and accurate statement of my professional record.

EDUCATION

- 2009 Ph.D. – Kinesiology (Exercise Physiology), Department of Kinesiology, School of Public Health, University of Maryland, College Park, MD 20742
- 2003 M.A. – Kinesiology (Exercise Physiology), Department of Kinesiology, College of Health and Human Performance, University of Maryland, College Park, MD 20742
- 2001 B.S. – Sports Biology, Biology/Chemistry Department, Springfield College, Springfield, MA 01109

WORK EXPERIENCE

- 2013 – Present Associate Professor of Exercise Science, Willamette University
- 2007 – Present Assistant Professor of Exercise Science, Willamette University
- 2006 – 2007 NIH Pre-doctoral research fellowship
- 2002 – 2006 Research Assistant, Department

Fall 2008 – Present Research Methods in Exercise Science, EXSCI 356W, Willamette University, Instructor

Fall 2008 – Present Senior Seminar in Exercise Science – EXSCI 496, Student Advisor

Spring 2009 – Present Physical Activity and Disease Prevention, IDS 224, Willamette University, Lecture and Laboratory Instructor

Spring 2011 The Science of Nutrition, EXSCI 330, Willamette University, Instructor

Summer 2012 Concepts and Contemporary Issues in Sport and Sport Science, Tokyo International University of America, Co-instructor

PROFESSIONAL MEMBERSHIPS AND ASSOCIATIONS

2006-present American Association for the Advancement of Science (AAAS)

2003, 2007-present American College of Sports Medicine (ACSM), ACSM NW chapter

2007-present American Physiological Society (APS)

AWARDS:

Willamette University:
2013 Professor of the Year - Mortar Board

SERVICE:

Institution:

Willamette University:
2011 – present Undergraduate Grants Awards Committee – Committee Chair (2012 – 2013). Willamette University

2011 Howard Hughes Medical Institute Proposal Planning Committee – Exercise Science representative

2008 – 2011 Student Scholarship Recognition Day (SSRD) Committee – Committee Chair (2009 – 2010). Willamette University institutional undergraduate conference

2008 – Present Student Advisor – Advise transfer students at Willamette University as well as declared Exercise Science majors

Local:

2012 Grant Elementary School Laboratory Experience, Willamette University.

2010 Invited Speaker, “Why College?”, McNary High School, Keizer, OR.

2008 – present Presentations in Human Anatomy and Physiology: Lead workshops for Salem area high school students in human physiology and exercise physiology. Willamette University

2008 – present Saturday Exploration Department coordinator (2010): Arranged and lead workshops for Salem area middle school students in Exercise Science, Willamette University

2007 Invited Speaker, “Ethical Controversies in Science”, Walter Johnson High School, Bethesda, MD

FUNDING

2011 iHSI – Exercise Science and Psychology Collaborative Research

Refereed Research Papers:

1. O'Leary CB, Clark LA, Hong J, Lockard MM. (in press) The acute effects of stretching on presynaptic inhibition and peak power.
2. McGeehan M, Lockard MM. (in review) The relative effects of aerobic and resistance exercise for glycemic mediation.
3. Soma E, Lockard MM, Stavrianeas S(2010)Challenging the accuracy of a single-test lactate threshold protocol in collegiate rowers International Journal of Exercise Science

4. Lockard MM, Kessler NJ, Hong J, Siebuhr RA. von Willebrand Factor and Blood Flow Response to Whole Body Vibration in Diabetic Peripheral Neuropathy. American College of Sports Medicine Annual Meeting, San Francisco, CA. Poster. *Sci. Sports Exerc*, 44 (5supp.), 2012.
5. Kessler NJ, Hong J, Lockard MM. Effects of whole body vibration on pain, nerve conduction and hemodynamics in individuals with diabetic peripheral neuropathy.

