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Editors: GwenEllyn Anderson and Dave MacMillan

ICL Curriculum Committee Report: It's a very busy and hectic time for schedule for the Spring 2022 seme be meeting on Zoom on October participate as we decide progr hearing your ideas. Our emphas signed up for presentations. V by asking them to join potpr definitely see new faces on th

For those wishing to sign up members of Curriculum:

ICL Update:

- → Eric Reif: History <u>mailto:ericreif10@gma</u>
- → Solveig Holmquist: Mu mailto:holmqus@wou.
- → Rebecca Miller-Moe: E <u>mailto:rmillermoe@gm</u>

The potpourris are fun t classmates and be guided They usually are about 15 r

For those>witching to do a Dru Johnson, <u>djohnso</u> judygram@gmail.com.

ICL Wine Club: Monday, Od

Willamette Update:

Check out the latest stories

Family Caregiver Seminar: "Caring for your loved one with Alzheimer's Disease or Dementia"

You have suspected it for months and now your loved one has been diagnosed: Alzheimer's or another type of dementia. The road ahead is going to beRtwattenging but it is not substantiated by the substantiation of the substantiating substantiation of the substantiat

Date: Tuesday October 19, 2021

Exercise: 12:00 – 2:00 P.M.

- Cost: Free
- Location: Center50+ and on Zoom 2615 Portland Rd NE, Salem, OR 97301

To Register for this class: Call Center50+:503-588-6303

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Example: It new beach hou

Despite the fact has a common tool for sen connotations of braggin, the next time you feel the your accomplishments proud,

TECH TIP – Reminder to che mailbox periodically:

Email apps use algorithms to filter incomposition for things like "Is it in a foreign language country?", "Is it going to a large list of people the demail?", etc. If enough of the tests **bpace** sent to the Junk/Spam mailbox instead of the Inbox

Mistakes inse often